



MEDIA SHEET / PSYCHOLOGICAL PREPAREDNESS

If the world changes, are we ready?

The human side of potential UAP disclosure.

If credible evidence of non-human intelligence were publicly confirmed, would individuals, families and institutions be psychologically prepared?

THE STORY

Public discussion of unidentified anomalous phenomena (UAP) often centers on what they may represent. PATH brings a complementary question into focus: how can people prepare for information that could challenge deeply held assumptions about humanity and our place in the universe?

ABOUT PATH

The Psychological Alliance for Transparency and Humanity (PATH) is a nonpartisan initiative founded by psychologists Anthony Pantaleno, Ph.D., Joseph S. Volpe, Ph.D., and Greg Haggerty, Ph.D. It promotes thoughtful psychological preparedness grounded in transparency, scientific humility, compassion, and responsible public communication.

PATH does not claim to have definitive answers about the origin or nature of UAP, nor does it require belief in non-human intelligence. Its focus is practical preparation under uncertainty.

THE PATH PSYCHOLOGICAL FIRST AID GUIDE

**Psychological First Aid for Unidentified Anomalous Phenomena (UAP) Disclosure
A Trauma-Informed Preparedness and Response Field Guide**

By Joseph S. Volpe, Ph.D., and Anthony Pantaleno, Ph.D.

A free preparedness resource offering practical psychological first aid, age-appropriate communication, guidance for schools and other institutions, and recognition of situations requiring professional support.

MEDIA CONTACT Anthony Pantaleno, Ph.D.
info@pathforhumanity.com | pathforhumanity.com

FOR PRODUCERS, EDITORS & JOURNALISTS

The interview opportunity.

For television, radio, podcasts and print.

PROPOSED SEGMENT

Are Americans psychologically prepared for UAP disclosure?

Explore how individuals, families and institutions might respond if credible evidence of non-human intelligence were publicly confirmed, with an emphasis on calm communication, psychological readiness and useful next steps.

WHY IT MATTERS

Such news could raise questions about identity, safety, spirituality, science and trust in institutions. Responses may include curiosity, wonder or relief, as well as fear, confusion or distress. Distress is not inevitable. Preparation can help people respond with greater clarity and care.

QUESTIONS THAT OPEN THE CONVERSATION

Worldviews and meaning: What is ontological shock, and how might people respond when basic assumptions about reality are challenged?

Families and young people: How can parents and educators speak with children without intensifying fear?

Trust and readiness: How can schools, workplaces and healthcare settings prepare for uncertainty, misinformation and public concern?

Support and next steps: What helps people stay grounded, and when should they seek professional help?

Preparing under uncertainty: Why prepare responsibly for an event that may never occur?

FOUNDERS AVAILABLE FOR INTERVIEW

Anthony Pantaleno, Ph.D. Psychologist, PATH co-founder and co-author of the PATH psychological first aid field guide.

Joseph S. Volpe, Ph.D. Psychologist, PATH co-founder and co-author of the PATH psychological first aid field guide.

Greg Haggerty, Ph.D. Psychologist and PATH co-founder.

***“PATH is not asking the public to believe.
PATH is asking the country to prepare.”***

BE SKEPTICAL. HAVE A PLAN.

Interview inquiries: Anthony Pantaleno, Ph.D.
info@pathforhumanity.com | pathforhumanity.com